

## CHO Resources

At Commonwealth Hematology-Oncology (CHO), we try to respond to all of your needs while you undergo treatment. This includes emotional support, nutritional counseling, and networking with insurers and support groups. You'll find it's in your best interest to be actively involved in your treatment, learning as much as you can about your disease and the resources available to you. A good place to start is with CHO support services:

**Patient Resource Centers.** Our offices contain many educational brochures and videotapes. Topics include: "what you need to know" about various types of cancers, breast cancer self-exams and early detection, self-help during chemotherapy and radiation treatment, pain control, and clinical trials.

**CHO Web Site.** Some of the organizations listed in this guide serve multiple communities. For a complete list of services available to residents of your particular town, we encourage you to visit our web site: [www.chomed.com](http://www.chomed.com). Click on Support Services on the patient side of the Home Page to access our comprehensive online database of support services. You will also find other useful information on our web site, including a wealth of material from your physician (click on Patient Education).

Two additional online services for cancer information are **alt.support.cancer** and **scimed.disease.cancer**. They may help you find people in situations similar to yours. However, you should verify the information you receive with your physician.

**Patient Advocacy Program.** To help you navigate through the complicated healthcare reimbursement system, we have established the area's only Patient Advocacy Program (see our web site to learn more).

Remember, too, that your physician is available to help answer questions about your disease. Your oncology nurse and nurse practitioner can also direct you to appropriate support groups.

To help put you in touch with additional cancer resources outside CHO, we have assembled this guide of local, regional, and national organizations:

## Local Services

Close to home, you will find many support groups for different types of cancer, senior citizen councils, hospices, VNA's, and chapters of the American Cancer Society. We've included many of these services below. Since this information is subject to change and may not be all-inclusive, we encourage you to verify our listings by contacting the organizations listed on the following pages. You may also want to check on the Internet and contact your local hospital, house of worship, or Yellow Pages.

### Support Groups & Programs

**Fallon Clinic**  
Worcester, MA  
800-AT-FALLON  
[www.fallon-clinic.com](http://www.fallon-clinic.com)

**Hope Lodge Wellness Center**  
7 Oak Street  
Worcester, MA 01609  
Phone: 508-792-2985  
[www.cancer.org](http://www.cancer.org)

*Cancer Support Group*  
First Thursday of the month

**UMass Memorial Medical Center**  
Hahnemann Campus, 281 Lincoln St.  
Worcester, MA 01605

Memorial Campus, 119 Belmont St.  
Worcester, MA 01605

University Campus, 55 Lake Ave.  
North Worcester, MA 01655

Phone: 508-344-1000  
[www.umassmemorial.org](http://www.umassmemorial.org)

*Breast Cancer Support Group*  
508-334-6518

**Worcester Medical Center**  
20 Worcester Center Blvd.  
Worcester, MA 01608  
Phone: 508-363-5000  
Toll free: 877-633-2368  
[www.worcestermedcenter.com](http://www.worcestermedcenter.com)

### Senior Citizen Service Organizations

**Affinity Associates Ltd.**  
40 Hunthurst Circle  
Worcester, MA 01602  
Phone: 508-795-1340  
Fax: 508-755-6334

**Apria Healthcare**  
7 Viking Road  
Webster, MA 01570  
Phone: 508-667-1700  
[www.apria.com](http://www.apria.com)

**Central Mass. Agency on Aging**  
360 W. Boylston St.  
West Boylston, MA 01583  
Phone: 508-852-5539  
Toll free: 800-244-3032  
Fax: 508-852-5425  
Contact: Robert Dwyer  
Email:  
[CMMAGING@seniorconnection.org](mailto:CMMAGING@seniorconnection.org)  
[www.seniorconnection.org](http://www.seniorconnection.org)

**Elder Health Advocates**  
6 Havelock Road  
Worcester, MA 01602  
508-798-0776

**Elder Services of Worcester Area**  
411 Chandler Street  
Worcester, MA 01602  
Phone: 508-756-1545  
Fax: 508-754-7771  
Contact: Christine Pearson  
Email: [irinfo@eswa.org](mailto:irinfo@eswa.org)  
[www.eswa.org](http://www.eswa.org)

**Executive Office of Elder Affairs of Worcester**  
128 Providence Street  
Worcester, MA 01604  
Phone: 508-799-1232

**Fallon Healthcare System**  
Senior Health Resource Line  
Contact: Cheryl Pope  
800-939-5433  
[www.fchp.org](http://www.fchp.org)

**St. Paul's Human Services Elder Outreach**  
19 Chatham Street  
Worcester, MA 01609  
Phone: 508-799-5009

**Sutton Council on Aging**  
19 Hough Road  
Sutton, MA 01590-2711  
Phone: 508-234-0703  
Fax: 508-234-3583  
Contact: Deb Harris  
[www.suttonma.org/seniorcenter.htm](http://www.suttonma.org/seniorcenter.htm)

**Whittier Rehabilitation Hospital**  
150 Flanders Road, P.O. Box 1250  
Westborough, MA 01581  
Phone: 508-870-2222  
[www.whittierhealth.com](http://www.whittierhealth.com)

## Hospices

**Diversified Home Services Hospice**  
216 Nichols Road  
Fitchburg, MA 01420  
Phone: 978-342-6013  
Fax: 978-343-5629  
[www.healthalliance.com](http://www.healthalliance.com)

**Serving:** Ashburnham, Ashby, Athol, Ayer, Clinton, Fitchburg, Gardner, Groton, Hubbardston, Lancaster, Leominster, Lunenburg, Pepperell, Phillipston, Princeton,

Shirley, Sterling, Templeton, Townsend,  
Westminster, Winchendon

### **Gardner Visiting Nurse Association Hospice**

34 Pearly Lane, Gardner, MA 01410  
Phone: 978-632-1230  
Fax: 978-632-4513

*Serving:* Ashburnham, Athol, Baldwinville,  
Barre, Erving, Gardner, Hubbardston, New  
Salem, Orange, Otter River, Petersham,  
Phillipston, Royalston, Templeton, Warwick,  
Wendall, Westminster, Winchendon

### **Harrington Memorial Hospital Hospice**

61 Pine Street  
Southbridge, MA 01550  
Phone: 508-765-1515  
Toll free: 800-821-0112  
Fax: 508-765-1517  
www.harringtonhospital.org

*Serving:* Brookfield, Brimfield, Charlton,  
Dudley, East Brookfield, Holland, North  
Brookfield, Oxford, Southbridge, Spencer,  
Sturbridge, Wales, Warren, Webster, West  
Brookfield

### **Hospice of Nashoba Nursing Service**

280 Ayer Road, P.O. Box 319  
Harvard, MA 01451-0319  
Phone: 978-772-3337  
Toll free: 800-698-3307  
Fax: 978-772-7160  
www.nashoba.org

*Serving:* Ashburnham, Ashby, Ayer, Berlin,  
Bolton, Boxborough, Dunstable, Groton,  
Harvard, Lancaster, Littleton, Lunenburg,  
Pepperell, Shirley, Townsend, Westford, and  
surrounding communities

### **Hospice & Palliative Care Federation of Massachusetts**

1420 Providence Highway, Suite 277  
Norwood, MA 02062  
Phone: 781-255-7077  
Toll free: 800-962-2973  
Fax: 781-255-7078  
www.hospicefed.org  
Email: hospicefed@aol.com

### **Quaboag Valley Hospice**

103 Fairview Street  
Palmer, MA 01069-1105  
Phone: 413-283-9715  
Fax: 413-283-8084

*Serving:* Belchertown, Bondsville,  
Brimfield, East Longmeadow, East  
Springfield, Hampden, Hardwick, Ludlow,  
Monson, Palmer, Thorndike, Three Rivers,  
Wales, Ware, Warren, West Brookfield, West  
Warren, Wilbraham

### **UMass Memorial Hospice**

650 Lincoln Street,  
Worcester, MA 01065  
Phone: 508-754-0052  
Fax: 508-752-3781  
www.umassmemorial.org

*Serving:* Auburn, Barre, Berlin, Boylston,  
Brookfield, North Brookfield, Clinton,  
Douglas, East Douglas, Dudley, Grafton,  
Holden, Hubbardston, Hudson, Leicester,  
Millbury, Marlborough, Northborough,  
Oakham, Oxford, Paxton, Princeton, Rutland,  
Shrewsbury, Southborough, Spencer, Sterling,  
Sutton, Webster, Westborough, West  
Boylston, Worcester

### **VNA Care Network, Inc.**

120 Thomas Street  
Worcester, MA 01608  
Phone: 800-521-5539  
Referrals: 800-728-1862  
Fax: 508-751-6878  
www.vnacarenetwork.org

*Southborough Office:*  
333 Turnpike Road  
Southborough, MA 01772  
Phone: 508-786-0693  
Fax: 508-786-1990

### *Leominster Office:*

305 Whitney Street  
Leominster, MA 01453  
Phone: 978-537-2322  
Fax: 978-840-6952

*Serving:* Acton, Ashburnham, Ashby,  
Auburn, Ayer, Barre, Bellingham, Berlin,  
Bolton, Boxborough, Boylston, Brookfield,  
Cherry Valley, Clinton, Douglas, Dudley,  
East Brookfield, East Douglas, Fiskdale,  
Fitchburg, Gardner, Gilbertville, Grafton,  
Groton, Hardwick, Harvard, Holden,  
Hubbardston, Hudson, Jefferson, Lancaster,  
Leicester, Leominster, Linwood, Lunenburg,  
Manchaug, Marlborough, Maynard, Mendon,  
Millbury, New Braintree, North Brookfield,  
North Grafton, North Oxford, Northborough,  
Northbridge, Oakdale, Oakham, Oxford,  
Paxton, Pepperell, Petersham, Phillipston,  
Princeton, Rochdale, Rutland, Shirley,  
Shrewsbury, South Barre, South Berlin,  
South Grafton, South Lancaster,  
Southborough, Southbridge, Spencer,  
Sterling, Stow, Sturbridge, Sutton, Templeton,  
Townsend, Upton, Uxbridge, Ware, Warren,  
Webster, W. Boylston, W. Brookfield, W.  
Upton, W. Warren, Westborough,  
Westminster, Wheelwright, Whitinsville,  
Winchendon, Woburn, Worcester

## **Visiting Nurse Associations**

### **Diversified Visiting Nurse Association**

No. Central Massachusetts/So. Central  
New Hampshire  
275 Nichols Road  
Fitchburg, MA 01420  
Phone: 978-342-6013  
Fax: 978-343-5629  
www.healthalliance.com

### **Gardner Visiting Nurse Association**

34 Pearly Lane, Gardner, MA 01440  
Phone: 978-632-1230  
Toll free: 800-382-7305  
Fax: 978-632-4513  
Contact: Gary Comeau  
Email: gary.comeau@gardnervna.org

### **Nashoba Nursing Service**

280 Ayer Road, Harvard, MA 01451  
Phone: 978-772-3337  
Fax: 978-772-7160  
Contact: Paula Brody  
Email: pbrody@nursing.nashoba.org  
www.nashoba.org

### **VNA Care Network, Inc.**

120 Thomas Street  
Worcester, MA 01608  
Phone: 508-521-5539  
Referrals: 800-728-1862  
Fax: 508-751-6878  
www.vnacarenetwork.org

## **American Cancer Society Chapters**

### **American Cancer Society**

30 Speen Street  
Framingham, MA 01701  
Phone: 508-270-4600  
Fax: 508-270-4699  
National toll free: 800-227-2345  
www.cancer.org

### **Boston Chapter**

25 Stuart Street, 4th Floor  
Boston, MA 02116-4700  
Phone: 617-556-7400  
Fax: 617-426-0383  
www.cancer.org

### **Natick Chapter**

Natick Business Park  
6 Strathmore Road  
Natick, MA 01760  
Phone: 508-652-4300  
Fax: 508-655-4907  
www.cancer.org

### **West Springfield Chapter**

31 Capital Drive  
West Springfield, MA 01089  
Phone: 413-734-6000  
Fax: 413-746-4099  
www.cancer.org

## **Regional Organizations**

### **ACS Ostomy Association of Boston**

30 Speen Street  
Framingham, MA 01701  
Phone: 508-270-4656  
Toll free: 800-952-7664, ext.4656  
www.bostonoab.org  
Email: dflorio@bostonoab.org

### **Lady Grace Intimate Apparel**

61 Exchange Street, P.O. Box 128  
Malden, MA 02148  
Phone: 800-922-0504  
www.ladygrace.com

### **Leukemia Society of America**

495 Old Connecticut Path, Suite 220  
Framingham, MA 01701  
Phone: 508-879-5083  
Toll free: 800-688-6572  
Fax: 508-879-8163  
www.leukemia.org

**New England Coalition for Cancer Survivorship (NECCS)**

Natick Business Park  
6 Strathmore Road  
Natick, MA 01760  
Phone: 508-655-3329  
Fax: 508-655-4235  
www.neccs.org  
Email: info@neccs.org

**Women's Community Cancer Project (Greater Boston Area)**

The Women's Center  
46 Pleasant Street  
Cambridge, MA 02139  
Phone: 617-354-9888  
www.wccp-cancer-project.org  
Email: kokos@shore.net

**Wellness Community – Greater Boston**

Echo Bridge Office Park  
1039 Chestnut Street  
Newton Upper Falls, MA 02464  
Phone: 617-332-1919  
www.wellnesscommunity.org

## National Organizations

Two excellent clearinghouses for information are the American Cancer Society (800-ACS-2345) and the National Cancer Institute (800-4-CANCER). Books available from these organizations cover topics such as cancer and your job, and recipes for better nutrition during cancer treatment.

Listed below are additional organizations that provide information about treatment, care, and lifestyle considerations. For a description of these and other related organizations, call the counseling line at Cancer Care, Inc.: (800) 813-HOPE.

**American Association of Retired People (AARP)**

601 E. St., NW  
Washington, DC 20049  
Phone: 888-687-2277  
www.aarp.org

**American Brain Tumor Association (ABTA)**

2720 River Road  
Des Plaines, IL 60018  
Phone: 847-827-9910  
Patient Line: 800-886-2282  
Fax: 847-827-9918  
www.abta.org  
Email: info@abta.org

**American Cancer Society (ACS)**

*National Office*  
1599 Clifton Road, NE  
Atlanta, GA 30329  
Phone: 404-320-3333  
Toll free: 800-ACS-2345  
www.cancer.org

**American Chronic Pain Association**

P.O. Box 850  
Rocklin, CA 95677-0850  
Phone: 916-632-0922  
Toll free: 800-533-3231  
www.theacpa.org  
Email: acpa@pacbell.net

**American Kidney Fund**

6110 Executive Boulevard, Suite 1010  
Rockville, MD 20852  
Phone: 800-638-8299  
www.kidneyfund.org  
Email: helpline@kidneyfund.org

**American Liver Foundation**

75 Maiden Lane, Suite 603  
New York, NY 10038  
Phone: 212-668-1000  
800-GO-LIVER  
888-4HEP-USA  
Fax: 212-483-8179  
www.liverfoundation.org  
Email: info@liverfoundation.org

**American Lung Association**

25 Spring Street  
Walpole, MA 02081  
Phone: 508-668-6729  
Toll free: 800-LUNG-USA  
Fax: 508-668-6796  
www.lungusa.org

**Cancer Care, Inc.**

275 7th Avenue, 22nd Floor  
New York, NY 10001  
Phone: 212-712-8400  
Toll free: 800-813-HOPE  
Fax: 212-712-8495  
www.cancercare.org  
Email: info@cancercare.org

**Cancer Information Service (CIS)**

Yale Cancer Center  
P.O. Box 2080-04  
New Haven, CT 06520  
Phone: 800-4-CANCER  
www.cancer.gov/cis

**Candlelighters Childhood Cancer Foundation**

P.O. Box 498  
Kensington, MD 20895-0498  
Phone: 301-962-3520  
Toll free: 800-366-2223  
Fax: 301-962-3521  
www.candlelighters.org  
Email: staff@candlelighters.org

**Centers for Disease Control and Prevention (CDCP)**

1600 Clifton Road  
Atlanta, GA 30333  
Phone: 404-639-3311  
Public Inquiries: 404-639-3534  
Toll free: 800-311-3435  
www.cdc.gov

**Coping Magazine**

P.O. Box 682268  
Franklin, TN 37068-2268  
Phone: 615-790-2400  
Fax: 615-794-0179  
www.copingmag.com  
Email: info@copingmag.com

**Corporate Angel Network, Inc. (CAN)**

Westchester County Airport  
1 Loop Road  
White Plains, NY 10604  
Phone: 914-328-1313  
Fax: 914-328-3938  
www.corpangelnetwork.org  
Email: info@corpangelnetwork.org

**DES Cancer Network (DCN)**

P.O. Box 220465  
Chantilly, VA 20153-0465  
www.descancer.org  
Email: DESNETWRK@aol.com

**Hill-Burton Free Hospital Care**

5600 Fishers Lane, Room 10c-16  
Rockville, MD 20857  
Phone: 800-638-0742  
www.hrsa.gov/osp/dfcr

**International Association of Laryngectomies**

P.O. Box 691060  
Stockton, CA 95269-1060  
Phone: 866-425-3678  
Fax: 209-472-0516  
www.larynxlink.com  
Email: ialhq@larynxlink.com

**Kidney Cancer Association (KCA)**

1234 Sherman Ave, Suite 203  
Evanston, IL 60202-1375  
Phone: 847-332-1051  
Toll free: 800-850-9132  
Fax: 847-332-2978  
www.curekidneycancer.org  
Email: office@curekidney.org

**Leukemia and Lymphoma Society**

1311 Mamaroneck Ave  
White Plains, NY 10605  
Phone: 914-949-5213  
Fax: 914-949-6691  
www.leukemia-lymphoma.org

**Look Good...Feel Better**

1101 17th Street, NW Suite 300  
Washington, DC 20036  
Phone: 800-395-LOOK  
www.lookgoodfeelbetter.org

**Make-A-Wish Foundation**

3550 North Central Ave, Suite 300  
Phoenix, AZ 85012-2127  
Phone: 602-279-9474  
Toll free: 800-722-9474  
Fax: 602-279-0855  
www.wish.org

**Mothers Supporting Daughters with Breast Cancer (MSDBC)**

c/o Charmayne S. Dierker, President  
21710 Bayshore Road  
Chestertown, MD 21620-4401  
Phone: 410-778-1982  
Fax: 410-778-1411  
www.mothersdaughters.org  
Email: msdbc@dmv.com

## National Organizations, cont.

### National Brain Tumor Foundation (NBTF)

22 Battery Street, Suite 612  
San Francisco, CA 94111  
Phone: 415-834-9970  
Info Line: 800-934-2873  
Fax: 415-834-9980  
www.braintumor.org  
Email: nbtf@braintumor.org

### National Breast Cancer Coalition

1101 17th Street, NW Suite 1300  
Washington, DC 20036  
Phone: 202-296-7477  
Toll free: 800-622-2838  
Fax: 202-265-6854  
www.stopbreastcancer.org

### National Cancer Institute (NCI) Information Service

9000 Rockville Pike  
Bethesda, MD 20892-8322  
Phone: 800-422-6237  
www.cancer.gov/cancerinformation  
Email: cancernet@icicb.nci.nih.gov

### National Children's Cancer Society

1015 Locust Street, Suite 600  
St. Louis, MO 63101  
Phone: 314-241-1600  
Fax: 314-241-1996  
www.nationalchildrenscancersociety.org  
Email: eharriss@children-cancer.org

### National Coalition for Cancer Survivorship (NCCS)

1010 Wayne Ave., Suite 770  
Silver Spring, MD 20910  
Phone: 301-650-9127  
Toll free: 877-622-7937  
Fax: 301-565-9670  
www.canceradvocacy.org  
Email: info@canceradvocacy.org

### National Foundation for Transplants

1102 Brookfield, Suite 200  
Memphis, TN 38119  
Phone: 901-684-1697  
Toll free: 800-489-3863  
Fax: 901-684-1128  
www.transplants.org  
Email: info@transplants.org

### National Hospice and Palliative Care Organization (NHPCO)

1700 Diagonal Road, Suite 625  
Alexandra, VA 22314  
Phone: 703-837-1500  
Toll free: 800-658-8898  
Fax: 703-837-1233  
www.nhpc.org  
Email: nhpc-info@nhpc.org

### National Lymphedema Network (NLN)

Latham Square, 1611  
Telegraph Avenue, Suite 1111  
Oakland, CA 94612-2138  
Phone: 510-208-3200

Toll free: 800-541-3259  
Fax: 510-208-3110  
www.lymphnet.org  
Email: nln@lymphnet.org

### National Organization for Rare Disorders, Inc. (NORD)

55 Kenosia Ave, P.O. Box 1968  
Danbury, CT 06813-1968  
Phone: 203-744-0100  
Toll free: 800-999-NORD  
Fax: 203-798-2291  
www.rarediseases.org  
Email: orphan@rarediseases.org

### National Ovarian Cancer Coalition (NOCC)

500 NE Spanish River Blvd., Suite 8  
Boca Raton, FL 33431  
Phone: 888-OVARIAN  
Fax: 561-393-7275  
www.ovarian.org  
Email: NOCC@ovarian.org

### Partnership For Caring

1620 Eye Street, NW, Suite 202  
Washington, DC 20006  
Phone: 202-296-8071  
Hotline: 800-989-9455  
Fax: 202-296-8352  
www.partnershipforcaring.org  
Email: pfc@partnershipforcaring.org

### Patient Advocates for Advanced Cancer Treatments (PAACT)

1143 Parmelee, NW  
Grand Rapids, MI 49504-3844  
Phone: 616-453-1477  
www.paactusa.org  
Email: paact@paactusa.org

### Skin Cancer Foundation

245 5th Avenue, Suite 1403  
New York, NY 10016  
Phone: 800-SKIN-490  
Fax: 212-725-5751  
www.skincancer.org  
Email: info@skincancer.org

### Social Security Administration (SSA)

U.S. Department of Health & Human Services  
Baltimore, MD 21235  
Phone: 800-772-1213  
www.socialsecurity.gov

### Starlight Starbright Children's Foundation

5900 Wilshire Blvd., Suite 2530  
Los Angeles, CA 90036  
Phone: 800-274-7827  
Fax: 323-634-0090  
www.slsb.org

### Sunshine Foundation

1041 Mill Creek Drive  
Feasterville, PA 19053  
Phone: 215-396-4770  
Toll free: 800-767-1976  
Fax: 215-396-4774  
www.sunshinefoundation.org  
Email: philly@sunshinefoundation.org

### Support for People with Oral and Head and Neck Cancer (SPOHNC)

P.O. Box 53  
Locust Valley, NY 11560  
Phone: 800-377-0928  
Fax: 516-671-8794  
www.spohnc.org  
Email: info@spohnc.org

### The Lymphoma Foundation

P.O. Box 6236  
New York, New York 10128  
Phone: 212-831-5332  
www.lymphomafoundation.org  
Email: lymphoma@aol.org

### Transplant Foundation

1801 NW 9th Avenue, Suite 150B  
Miami, FL 33136  
Phone: 800-533-3172  
Fax: 305-243-7593  
www.transplantfoundation.org

### United Ostomy Association, Inc.

19772 MacArthur Blvd., Suite 200  
Irvine, CA 92612-2405  
Phone: 949-660-8624  
Toll free: 800-826-0826  
Fax: 949-660-9262  
www.uoa.org  
Email: info@uoa.org

### US TOO International, Inc.

(Prostate Cancer)  
5003 Fairview Avenue  
Powners Grove, IL 60515  
Phone: 630-795-1002  
Fax: 630-795-1602  
www.ustoo.org  
Email: ustoo@ustoo.org

### Wellness Community

919 18th Street, NW, Suite 54  
Washington, DC 20006  
Phone: 202-659-9709  
Toll free: 888-793-WELL  
Fax: 202-659-9301  
www.thewellnesscommunity.org  
Email: help@thewellnesscommunity.org

### Y-ME National Breast Cancer Organization

Y-Me WIG  
212 West Van Buren Street, Suite 1000  
Chicago, IL 60607  
24-hour hotline: 800-221-2141  
Spanish Language: 800-986-9505  
Fax: 312-294-8597  
www.y-me.org

*The information contained in this patient brochure is compiled from multiple sources. Although every effort has been made to ensure accuracy, neither Commonwealth Hematology-Oncology PC, nor its members and employees, will be responsible for errors or omissions.*

